

Bargain

Bargaining,
I do it a lot
I promised once I wouldn't hurt myself again
Sometimes it's easy
Why would I wanna hurt myself anyway right?
Sometimes it's hard
How can I not? I need to feel, I need to hurt, I need to stop being so numb.

I bargain with the universe, with the goddesses, with my ancestors.
Please take away the pain,
I will be a good person,
I will fight,
I won't let the darkness in,
I won't let it defeat me, just help me, take away this desire that shouldn't be part of me.

Let me live my life

Free me from this darkness

I call upon my ancestors, I burn some sage,
I sit and cry and I repeat:
I will fast every Friday if you will just let me live.