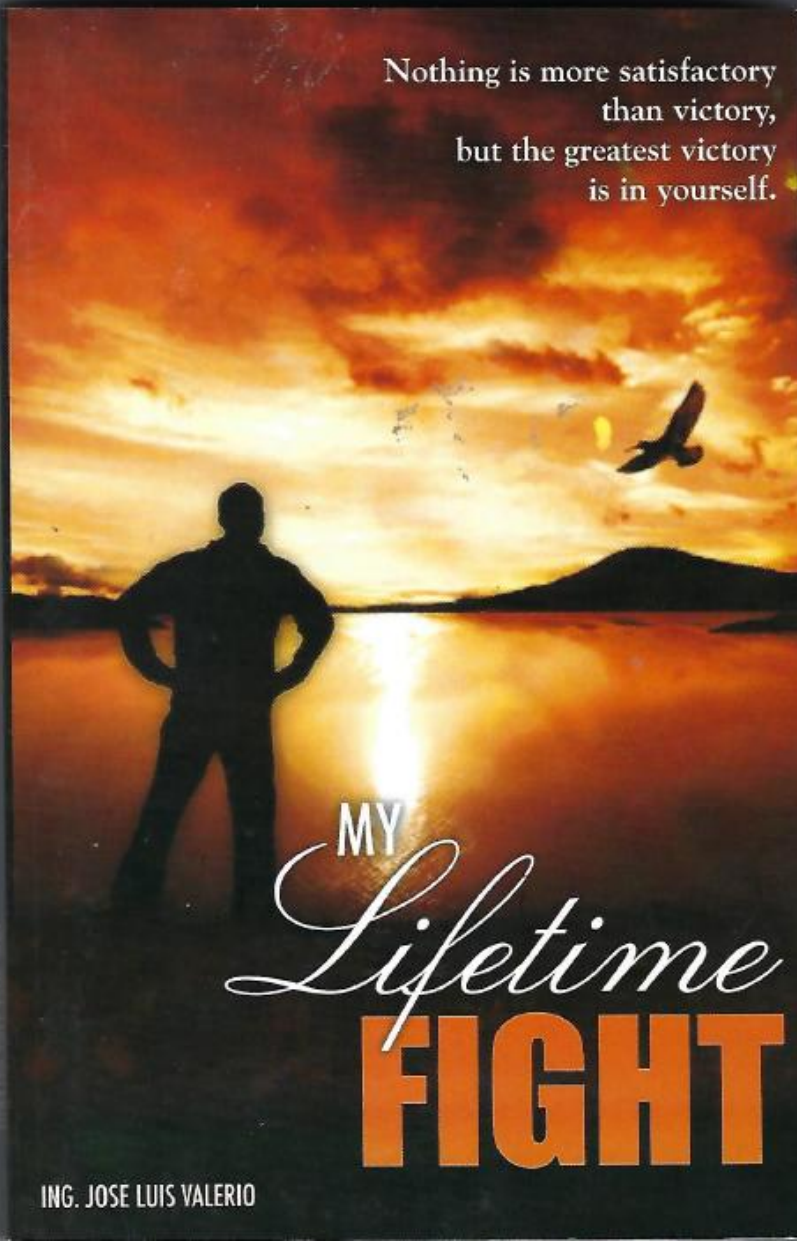
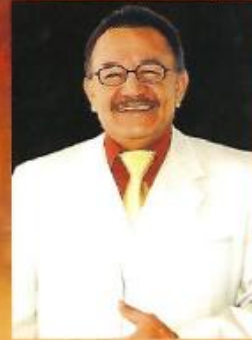


Nothing is more satisfactory  
than victory,  
but the greatest victory  
is in yourself.



MY  
*Lifetime*  
**FIGHT**

ING. JOSE LUIS VALERIO



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*Lifetime*  
**FIGHT**

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A very well-known Mexican saying : "The words convince, but examples linger on". I am sure that you have had many things happen in your life that have pushed you to make radical decisions, to turn your life around entirely. Throughout my life and through my work and ministries, I have had the opportunity to share those experiences, and there have been many of them.

Nevertheless, I want to say to you that this book is not just another book. It is not a classic book of motivation; it is not a book that makes you want to get up and shout at the top of your lungs: I am going to do it! Across his pages, Jose Luis Valerio narrates the fight that has been his life, a riveting story, a battle fought. It does not end with an angelical "happy ending"; furthermore, it does not end at all, because you and I are still in this fight, in the arena of life.

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Not only do I recommend this book, but I recommend it as a reference as well, because we are all, absolutely all, struggling and should not leave this world without a victory. There is no other way.

Fray Francisco Munoz OFMConv.