

## A B O U T

# MARY CARMEN SESSIONS-RUIZ

Mary Carmen was born and raised in the heart of Mexico, specifically in Puebla. She obtained a degree in Graphic Design through international education at Universidad Iberoamericana in Puebla and in the search for new horizons spent a year at the University of Texas at Austin. She then crossed the Atlantic and "laissez les bon temps rouler" as an international student at l'Ecole Superieure de Commerce in Saint Etienne, France. Post education, choosing the Alamo City as her hometown, she developed and implemented Public Communications and Fundraising Department strategies at the Mexican Cultural Institute in San Antonio. She also worked at one of the most recognized advertising agencies in the Hispanic market in San Antonio as an Art Director. In 2008 she founded Le Reve Design providing both creative and in recent years translation services for large scale projects offering solutions from a multicultural/bilingual perspective. She is married and has two beautiful daughters.

She is a passionate artist with a deep-rooted love for the creative process. As an art alchemist, Mary Carmen constantly pushes the boundaries of traditional art by experimenting with various techniques and materials. Her Mexican background serves as a wellspring of inspiration, infusing her work with cultural richness and profound personal meaning. She believes that art holds the potential to transform lives and bring about positive change.



**A R T I S T**

## ARTIST STATEMENT

# MARY CARMEN SESSIONS-RUIZ

I would describe my style as versatile in terms of color and technique. I'm comfortable working with both vivid colorful, and monotone palettes. I use these color choices to create a specific mood or effect in each piece while prioritizing aesthetic appeal for a truly one-of-a-kind creations. As an art alchemist, I love experimenting with different techniques and materials to push the boundaries of traditional art.

I often find inspiration in my Mexican background. For me, art is a way to express my innermost thoughts and feelings and to connect with others on a deeper level. One of my main goals as an artist is to make art accessible and affordable to all and to inspire people to appreciate art and see its value beyond just a decorative piece. I believe that art has the power to transform people's lives and bring a positive change in everyone's life. Everyone should have the opportunity to experience the transformative power of art. Through my art, I hope to create a world where art is not just a luxury, but an essential part of life. I want to create a space where people can connect, share their experiences, and find common ground.



ARTIST