

# Sara Peters, MA, LPC, ATR-BC

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(210) 846-9670

[www.sarapetersfineart.com](http://www.sarapetersfineart.com)

@sarapetersfineart

## *Professional Summary*

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Sara is an artist and art therapist with expertise in the application and therapeutic benefit of art making and art materials, Sara's art engages viewer's senses with rich texture, color, and composition. Her art explores the intersection of the natural world and human experience. As a licensed professional counselor and board certified art therapist, her work focuses on art therapy services, corporate wellness, and educational trainings in San Antonio, Tx.

## *License, Credentials, and Education*

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2018 Board Certified Art Therapist, Art Therapy Credentials Board, Inc.

2018 Licensed Professional Counselor, Texas State Board of Examiners of Professional Counselors

2013 MA, Art Therapy, The George Washington University, Washington, D.C.

2008 BFA, Studio Art, The University of Texas at Austin, Austin, TX

## *Professional Experience*

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### **ART THERAPIST**

2020 to Present, San Antonio Art Therapy, LLC., Director/Owner,

2016 to Present, The Ecumenical Center, Open Art Studio Assistant Facilitator,

2017-2021, San Antonio ISD, Department of Special Education, District Wide Art Therapist,

2017-2019, Laurel Ridge Treatment Center, Child & Adolescent Art Therapist,

2016-2019, St. PJ's Children's Shelter, Community Clinic & Shelter Art Therapy Intern

### **TEACHING ARTIST / ART EDUCATION**

2022 to Present, Trees as Spiritual Self Portraits, Visual Journaling, Old School Makerspace, SA, TX

2020 This Lands Story- Interactive Mixed Media Land Art Class, Land Heritage Institute, SA, TX.

2019 Collaborative Community Art Installation Group, St. PJ's Community Clinic, SA, TX

2014-2016 Women's Wellness Art Group, Grace House, SA, TX

2013-2017 Fine Art Instructor and Fine Arts Department Chair, SA Christian School, SA, TX

2009-2010 Community Art Instructor and Grants Manager, Inspire Fine Art, SA, TX

## *Awards/Grants/Fellowships*

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2012 Hannah Kwiatkowska Award for Research George Washington University, Washington, D.C.

2011 Alexandria Partnership Fellowship, George Washington University, Washington, D.C.

2010 GWU Graduate Fellowship, George Washington University, Washington, D.C.

2007 OxBow School of Art, Summer Glassblowing Fellowship, Saugatuck, MI

2004 Western Art Academy Summer Intensive Fellowship, Kerrville, Tx

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## *Exhibitions*

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2022 Group Exhibition, *Faith and The Maker*, Old School Makerspace Gallery, San Antonio, TX

2018 Group Exhibition, South Texas Art Therapy Association, Z'Tejas Restaurant , Austin, TX

2013 Group Exhibition, Velvet Dust Magazine Launch, The Parish, Austin, TX

2011 Group Exhibition, Art and Health, Goodwin House Resident Gallery, Alexandria, VA

2010 Group Exhibition, Class of 2012, GWU Art Therapy Student Gallery, Alexandria, VA

2009 Group Exhibition, Inspire Fine Art Artist Exhibition, San Antonio, TX

2008 *Des(s)ert?*, Collaborative Installation Project, UT Installation Gallery, Austin, TX

2008 Group Exhibition, 2008 BFA Candidates, Juried Show, Flatbed Press, Austin, TX

2006 Group Exhibition, *Study In Italy*, Juried Show, UT BFA Gallery, Austin, TX

## *Commissions*

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2023 Private Commission, *Tritt's Tigers*, 9x12 acrylic on canvas painting, Residential Collection, Terrell Hills, TX

2023, Private Art Commission, *End of the Day*, 12x16" mixed media drawing, Private Residential Collection, Terrell Hills, TX

2023 Private Art Commission, *Highland(lakes) Cow*, 6x6" acrylic on canvas painting, Private Residential Collection, San Antonio, TX

2022 Private Art Commission, *Meditative Mandala Mural*, large-scale mural (10x10 ft), acrylic, Full Force Whole Body Mind Center, San Antonio, TX

2019 Private Art Commission, *Model Train Mural*, large-scale mural(5x18 ft), acrylic, Private Residence, San Antonio, TX

2017 Private Art Commission, *The Best Blessing*, 6x6in watercolor on paper , Private Residential Collection, Cibolo, TX

## *Lectures, Presentations, Workshops*

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2023 "Mindfulness through Art Making" *Corporate Wellness Workshop*, presenter, LPA Design Studios, San Antonio, TX, April, 19.

2022 "The Great Round," *Clinical Application of Mandala Making*, presenter, Full Force Whole Body Mind Center, San Antonio, TX, December, 7.

2022, "Therapeutic Use of Art in School Setting", presenter, Jubilee Academy District-Wide